

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>September is Senior Center Month!</p>		<p>9-12 Health Clinic 9-12:30- Pool Cues 9:30 – Fine Art Studio 11:45- Lunch- Breaded Fish/ Broccoli/ Cheese Chicken Pattie Vic King -piano 1 Movie –"Valentine's Day" 1 Duplicate Bridge</p>	<p>2 10- Knitting 10:05- Current Events/ Speakers 10:30- Mandarin Chinese Group 11-11:45 Tong Ren <i>canceled</i> 11:45-12:45 Tai-Chi <i>canceled</i> 11:45- Lunch – SPECIAL Shrimp & Chicken Jambalaya 12:30- Ceramics (pre-reg) 1- Yoga (chairs) 1-Thursday Games 1:30 - French Salon 2-Yoga (mats)</p>	<p>3 9-12- Health Clinic 9-12 SHINE appts. 9-10 Aerobics 9-12:30 Pool Cues 10:30- Muscle Conditioning 11:45- Lunch- Turkey/Broccoli/Penne Casserole Tuna Plate Vic King- piano 12- Chess Nuts 1 Chinese Painting.- pre-reg 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film</p>
<p>6 Center Closed for Labor Day Holiday</p>	<p>7 9-10- Aerobics 9-10 Beginner Spanish 10:00 Bridge Lessons 10:30-11:30 Intermediate Spanish 10:30 Muscle Conditioning 11:45- Lunch Baked Ziti Breaded Chicken Pattie w BBQ Sauce 12-4 SHINE Appts 1 Bingo 1:30 Swing Band</p>	<p>8 9-12 Health Clinic 9-12:30- Pool Cues 9:30 – Fine Art Studio 9-10:30 Chamber Music 10 Writer's Workshop 10 11:45- Lunch- Beef Stir Fry Seafood Salad Vic King- piano 12-4 SHINE Appts 1 Movie –"50 First Dates" 1 Duplicate Bridge</p>	<p>9 10 Knitting 10:05- Current Events/Speaker 10:30- Mandarin Chinese Group 11-11:45 Tong Ren 11:45-12:45 Tai-Chi 11:45- Lunch – Roast Turkey Roast Beef/ Cheese Platter 12:30- Ceramics (pre-register) 1- Yoga (chairs) canceled 1-Thursday Games 1:30 - French Salon 2-Yoga (mats) canceled</p> <p>Rosh Hashanna</p>	<p>10 9-12- Health Clinic 9-12 SHINE appts. 9-10 Aerobics 9-12:30 Pool Cues 10:30- Muscle Conditioning 11:45- Lunch- Sweet/Sour Chicken Turkey/Cheese Plate Vic King --piano 12- Chess Nuts 1 Chinese Painting.- pre-reg 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film</p>
<p>13 8:45-9:45 Tai C hi 9-Pool Cues 10 Low Vision Group 10:30 French Lessons 11:45- Lunch - Stuffed Shells & Meatballs California Chicken Salad 12:45-1:45 Beyond Balance (pre-reg) 1 Monday Games 1 NewsTalk 2- Yoga (chairs)</p>	<p>14 9-10- Aerobics (<i>canceled</i>) 9-10 Beginner Spanish 10:3 Bridge Lessons 10:30-11:30 Intermediate Spanish 10:30 Muscle Conditioning (<i>canceled</i>) 11:45- Lunch BBQ Grilled Chicken Roast Beef & Cheese 1-Bingo 1:30 Swing Band (<i>canceled</i>)</p> <p>The Function Room will be a voting site, today only, for the State Primary Election</p>	<p>15 9-12 Health Clinic 9-12:30- Pool Cues 9:30 – Fine Art Studio 9-10:30 Chamber Music 10 Writer's Workshop 11:45- Lunch- BBQ LUNCH Vic King- piano 12-4 SHINE Appts. 1 Movie- "Rob Roy" 1- Duplicate Bridge</p>	<p>16 8:30 Alderman Stephen Linsky sees citizens 10- Knitting 10:05- Current Events/Speaker 10:30- Mandarin Chinese Group 11-11:45 Tong Ren 11:45-12:45 Tai-Chi 11:45- Lunch – Pier #17 Fish Peppercorn Turkey/ Mozzarella Cheese 12:30- Ceramics (pre-register) 1- Yoga (chairs) 1-Thursday Games 1:30 - French Salon 2-Yoga (mats)</p>	<p>17 9-12- Health Clinic 9-12 SHINE appts. 9-10 Aerobics 9-12:30 Pool Cues 10:30- Muscle Conditioning 11:45- Lunch- Meatloaf Tuna Salad Vic King- piano 12- Chess Nuts 1 Chinese Painting. (pre-reg) 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film</p>
<p>20 8:45-9:45 Tai C hi 9-Pool Cues 10:30 French Lessons 11:45- Lunch – Dedication of Cabinet Ratatouille w Beef Ham & Cheese 1 Monday Games 1 NewsTalk 2- Yoga (chairs)</p>	<p>21 9-10- Aerobics 9-10 Beginner Spanish 10:00 Bridge Lessons 10:30-11:30 Intermediate Spanish 10:30 Muscle Conditioning 11:45- Lunch Meatball Sub Tuna Salad Candle-lighting Ceremony to Honor Alzheimer's Day 1-Bingo 1:30 Swing Band</p>	<p>22 9-12 Health Clinic 9-12:30- Pool Cues 9:30 – Fine Art Studio 9-10:30 Chamber Music 10 Writer's Workshop 11:45- Lunch- Creamy Italian Chicken Roast Beef Vic King- piano 12-4 SHINE Appts. 1 Movie- "Fat Man, Little Boy" 1- Duplicate Bridge</p>	<p>23 10 Knitting 10:05- Current Events/Speaker <i>Officer Eric Rosenbaum Speaks</i> 10:30- Mandarin Chinese Group 11-11:45 Tong Ren 11:45-12:45 Tai-Chi 11:45- Lunch – PIZZA LUNCH <i>Sponsored by Stone Institute</i> Fall Prevention Awareness Day Talk <i>by Spaulding Rehab.</i> 12:30- Ceramics (pre-register) 1- Yoga (chairs) 1-Thursday Games 1:30 - French Salon 2-Yoga (mats)</p>	<p>24 9-12- Health Clinic 9-12 SHINE appts. 9-10 Aerobics 9-12:30 Pool Cues 10:30- Muscle Conditioning 11:45- Lunch- Creole Fish Chicken Salad Vic King- piano 12- Chess Nuts 1 Chinese Painting. (pre-reg) 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film</p>
<p>27 8:45-9:45 Tai C hi 9-Pool Cues 10:30 French Lessons 10:30 Parkinson's Support Group (Pre-register) 11:45- Lunch - BBQ Pulled Beef Sandwich Breaded Chicken Pattie 1 Monday Games 1 NewsTalk 2- Yoga (chairs)</p>	<p>28 9-10- Aerobics 9-10 Beginner Spanish 10:00 Bridge Lessons 10:30-11:30 Intermediate Spanish 10:30 Muscle Conditioning 11:45- Lunch Double Stuffed Crust Pizza Turkey & Cheese Plate 1-Bingo 1:30 Swing Band</p>	<p>29 9-12 Health Clinic 9-12:30- Pool Cues 9:30 – Fine Art Studio 9-10:30 Chamber Music 10 Writer's Workshop 11:45- Lunch- Beef Stew Cottage Cheese & Fruit Plate Vic King- piano 12-4 SHINE Appts AGING IN PLACE FAIR <i>(All other afternoon programs canceled)</i></p>	<p>30 10 Knitting 10:05- Current Events/Speaker 10:30- Mandarin Chinese Group 10:30 Short Story Discussion 11-11:45 Tong Ren 11:45-12:45 Tai-Chi 11:45- Lunch – Open Faced Chicken/ Cheese Tuna Salad Dialogue w/ Director 12:30- Ceramics (pre-register) 1- Yoga (chairs) 1-Thursday Games 1:30 - French Salon 2-Yoga (mats)</p>	<p>Computer lessons are individually scheduled and will not appear on this calendar.</p>