

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Annual Used Clothing Sale SATURDAY AUGUST 12..... 10-3</p> <p>National Senior Center Month</p>	<p>1</p> <p>9-10- Aerobics 9-10- Beginning Spanish 10:30 Muscle Conditioning 10:30-11:30 Intermediate Spanish 11:45- Lunch Crab Cake Special 1 Bingo 1:30 Swing Band</p>	<p>2</p> <p>9-12 Health Clinic 9-12:30- Pool Cues 9:30 - Fine Art Studio 9-10:30 Chamber Music 11:45- Lunch- Baked Ziti Roast Beef & Cheese Vic King- piano 1 Movie-"Smother" 1 Duplicate Bridge 1- SHINE pre-reg</p>	<p>3</p> <p>8:55-9:55 Line Dance II (pre-register) 10:05- Current Events/ Speakers MEET THE CANDIDATES 10:30 Mandarin Chinese 11:45 12:45 Tai-Chi 11:45 Lunch - Hot Dog Chicken Salad 12:30 Ceramics (pre-reg) 1 Yoga (chairs) 1 Thursday Games 1-2:30 Bridge Lessons 1:30 - French Salon 2-Yoga (mats)</p>	<p>4</p> <p>9-12- Health Clinic 9-10 Aerobics 10:30- Muscle Conditioning 9-12:30 Pool Cues 10- Knitting 11:30-12:30 Beyond Balance II (pre-reg) <i>canceled</i> 11:45- Lunch- Roast Turkey Tuna Salad Harold Kaswell -Piano 12- Chess Nuts & lessons 1-3:30 Drop-in Computer Help 1 Chinese Painting.- pre-reg 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film 1-3:30 FABB Center -pre-reg</p>
<p>7</p> <p>Center Closed for Labor Day Holiday</p>	<p>8</p> <p>9-10- Aerobics 9-10- Beginning Spanish 10:30 Muscle Conditioning 10:30-11:30 Intermediate Spanish 11:45- Lunch Stuffed Cabbage Egg Salad 1 Bingo 1:30 Swing Band</p>	<p>9</p> <p>9-12 Health Clinic 9-12:30- Pool Cues 9:30 - Fine Art Studio 9-10:30 Chamber Music 11-12 Pilates (pre-register) 11:45- Lunch- BBQ by Springwell John Rampino- music 1 Movie "An American Affair" 1-2:45 Matter of Balance (pre-register) 1 Duplicate Bridge 1- SHINE pre-reg</p>	<p>10</p> <p>8:55-9:55 Line Dance II (pre-register) 10:05- Current Events/ Speakers "Reverse Mortgages" 10-11:30 "Wondrous Women of the World" 10:30- Mandarin Chinese 11:45-12:45 Tai-Chi 11:45- Lunch - Greek Chicken Turkey & Swiss 12:30- Ceramics (pre-reg) 1- Yoga (chairs) 1-Thursday Games 1:30 - French Salon 2-Yoga (mats)</p>	<p>11</p> <p>9-12- Health Clinic 9-10 Aerobics 10:30 Men's Health Club 9-12:30 Pool Cues 10- Knitting 10:30- Muscle Conditioning 11:30-12:30 Beyond Balance II (pre-reg) 11:45- Lunch- Macaroni & Cheese Seafood Salad 12- Chess Nuts & lessons 12-1 Beyond Balance II (pre-register) 1-3:30 Drop-in Computer Help 1 Chinese Painting.- pre-reg 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film 1-3:30 FABB Center-pre-reg. *Day of Remembrance</p>
<p>14</p> <p>8:45-9:45 Tai Chi 9-12- Pool Cues 10 Low Vision Group 10 Line Dance I (pre-register) 10:30 Beginner French 11:45- Lunch - Meatloaf Egg Salad 12:45-1:45 Beyond Balance I (pre-reg) 1- NewsTalk- Rep. Kay Khan speaks about proposed Driving Tests 1 In Stitches 1 Monday Games 1:30 Writing Workshop 2- Yoga (chairs)</p>	<p>15</p> <p>9-10- Aerobics 10:30 Muscle Conditioning 9-10- Beginning Spanish 10:30-11:30 Intermediate Spanish 11:45- Lunch Veggie Quiche Breaded Chicken pattie 1-Bingo 1:30 Swing Band PRIMARY RUN-OFF</p>	<p>16</p> <p>9-12 Health Clinic 9-12:30- Pool Cues 9:30 - Fine Art Studio 9-10:30 Chamber Music 11-12 Pilates (pre-register) 11:45- Lunch- Chicken Paprika Roast Beef & Cheese Vic King- Piano 1 Movie-"Elegy" 1-2:45 Matter of Balance (pre-register) 1 Duplicate Bridge 1- SHINE</p>	<p>17</p> <p>8:55-9:55 Line Dance II (pre-register) 10:05- Current Events/Speakers 10-11:30 "Wondrous Women of the World" 10:30- Mandarin Chinese 11:45- Lunch - American Chop Suey Chicken Salad 11:45-12:45 Tai-Chi 12:30- Ceramics (pre-register) 1- Yoga (chairs) 1-Thursday Games 1:30 - French Salon 2-Yoga (mats)</p>	<p>18</p> <p>9-12- Health Clinic 9-10 Aerobics 9-12:30 Pool Cues 10- Knitting 10:30- Muscle Conditioning 11:30-12:30 Beyond Balance II (pre-reg) 11:45- Lunch- Fiesta Breaded Fish Turkey & Cheese Swine Flu Talk 12- Chess Nuts & lessons 12-1 Beyond Balance II (pre-register) 1-3:30 Drop-in Computer Help 1 Chinese Painting. (pre-reg) 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film 1-3:30 FABB Center pre-reg</p>
<p>21</p> <p>8:45-9:45 Tai Chi 9-12- Pool Cues 10 Line Dance I (pre-register) 10:30 Beginner French 11:45- Lunch - Hot Chicken Pattie Egg Salad Dialogue w/ Director 12:45-1:45 Beyond Balance I (pre-reg.) 1- NewsTalk 1 In Stitches 1 Monday Games 1:30 Writing Workshop 2- Yoga (chairs)</p>	<p>22</p> <p>9-10- Aerobics 10:30 Muscle Conditioning 9-10- Beginning Spanish 10:30-11:30 Intermediate Spanish 11:45- Lunch Stuffed Shells Ham & Cheese Falls Prevention Day Talk 1-Bingo 1:30 Swing Band 2-3:30 Health Care Reform Talk</p>	<p>23</p> <p>9-12 Health Clinic 9-12:30- Pool Cues 9:30 - Fine Art Studio 9-10:30 Chamber Music 11-12 Pilates (pre-register) 11:45- Lunch- Beef Stew California Chicken Salad Vic King- piano 1 Movie- "The Soloist" 1-2:45 Matter of Balance (pre-register) 1 Duplicate Bridge 1- SHINE</p>	<p>24</p> <p>8:55-9:55 Line Dance II (pre-register) 10:05- Current Events/Speakers "How to Recycle" 10:30- Mandarin Chinese 10-11:30 "Wondrous Women of the World" 11:45- Lunch - Baked Fish Roast Beef & Cheese <i>Newton/Wellesley Hospital Talk</i> 11:45-12:45 Tai-Chi 12:30- Ceramics (pre-register) 1- Yoga (chairs) 1-Thursday Games 1:30 - French Salon 2-Yoga (mats)</p>	<p>25</p> <p>9-12- Health Clinic 9-10 Aerobics 9-12:30 Pool Cues 10- Knitting 10:30- Muscle Conditioning 11:30-12:30 Beyond Balance II (pre-reg) 11:45- Lunch- Kielbasa Tuna Salad Harold Kaswell- piano 12- Chess Nuts & lessons 12-1 Beyond Balance II (pre-register) 1-3:30 Drop-in Computer Help 1 Chinese Painting. (pre-reg) 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film 1 FABB Center pre-reg.</p>
<p>28</p> <p>8:45-9:45 Tai Chi 9-12- Pool Cues 10 Line Dance (pre-register) 10:30 Beginner French 11:45- Lunch - Lasagna Chicken Salad 12:45-1:45 Beyond Balance I (pre-register) <i>canceled</i> 1- NewsTalk 1 Monday Games 1:30 Writing Workshop 2- Yoga (chairs) <i>canceled</i> Yom Kippur</p>	<p>29</p> <p>9-10- Aerobics 10:30 Muscle Conditioning 9-10- Beginning Spanish 10:30-11:30 Intermediate Spanish 11:45- Lunch Pier #17 Fish Roast Beef & Swiss "Reading Your Water Meter!" 1-Bingo 1:30 Swing Band</p>	<p>30</p> <p>9-12 Health Clinic 9-12:30- Pool Cues 9:30 - Fine Art Studio 10-12 Faces of History 11-12 Pilates (pre-register) 11:45- Lunch- Pot Roast Egg salad Vic King- piano 1 Movie- "Flash of Genius" 1-2:45 Matter of Balance (pre-register) 1 Duplicate Bridge 1- SHINE</p>	<p>September 2009</p>	