

Monday

Tuesday

Wednesday

Thursday

Friday

December 2011

			<p>1</p> <p>10.....Current Events 10:30... Mandarin Conversation Group 11-11:45 Tong Ren 11:45-12:45 Tai-Chi 11:45..Lunch - Hawaiian Ham... Boneless Breaded Chicken Breast 12:30.Ceramics (pre-reg) 1.....Yoga (chairs) 1.....Thursday Games 1:00...French Salon 2.....Yoga (mats)</p>	<p>2</p> <p>9-12... Health Clinic 9-10... Aerobics 9-10:30 ... Networking Group- 6 Degrees 9-12:30 Pool Cues 10.....Beginner German 10:30. Muscle Conditioning 11:45..Lunch Potato Crunch Fish... Turkey/Cheese <i>Vic King -Piano</i> 12-2..... Legal Appointments 12.....Chess Nuts 1.....Scrabble 1.....Poker 1.....Bingo 1.....Foreign Film- "After the Wedding"</p>
<p>5</p> <p>8:45-9:45 Tai Chi 9.....Pool Cues 9-11.....Wii Drop-in 9:30.. Beginner Spanish 10.....Knitting Circle 10.....Line Dance (pre-reg) 10:30.Drop-in French Travel Phrases 11:45...Lunch - Turkey Supreme... Egg Salad 12:45.....Beyond Balance (pre-reg) 1.....Monday Games 1.....Low Vision Group 1.....NewsTalk 2.....Road Scholar Talk 2.....Yoga (chairs)</p>	<p>6</p> <p>9-10...Aerobics 9-10...Intermediate Spanish 9:30-10:30-.... Bridge Lesson 10-12.....Cell Phone Clinic 10-11:30.....Connection Circle 10:30-11:30 Intermediate Spanish II 10:30...Muscle Conditioning 11:45...Lunch Meatloaf... Turkey/ Cheese 1.....Bingo 1:30.....Swing Band - Holiday Open Rehearsal</p>	<p>7</p> <p>9-10:30.....Chamber Music Ensemble 9-12...Health Clinic 9-12:30 Pool Cues 9:30.....Fine Art Studio Workshop 10:30-2 ...Shopping Trip (pre-reg) 10:45-11:45Beyond Balance 11:45.....Lunch - Tuna Noodle Casserole... Chicken Caesar Salad <i>Vic King- piano</i> 1.....Movie- Upstairs/ Downstairs" 4 1.....Duplicate Bridge</p>	<p>8</p> <p>10.....Current Events 10:30... Mandarin Conversation Group 11-11:45 Tong Ren 11:45-12:45 Tai-Chi 11:45..Lunch - Greek Chicken... Cottage & Fruit 12:30.Ceramics (pre-reg) 1.....Yoga (chairs) 1.....Thursday Games 1:30.....Flower arranging Workshop 1:00... French Salon 2.....Yoga (mats)</p>	<p>9</p> <p>8:30... Alderman Linsky sees citizens 9-12... Health Clinic 9-10... Aerobics 9-10:30 ... Networking Group- 6 Degrees 9-12:30 Pool Cues 10.....Beginner German 10:30. Muscle Conditioning 10:30.....Book Club 11:45...Lunch- Hot Dog...Roast Beef & Cheese 12.....Chess Nuts 1.....Scrabble 1.....Poker 1.....Bingo 1.....Foreign Film "Gamorrhah"</p>
<p>12</p> <p>8:45-9:45 Tai Chi 9.....Pool Cues 9-11.....Wii Drop-in 9:30.. Beginner Spanish 10.....Knitting Circle 10.....Line Dance (pre-reg) 10-3Shopping Trip (pre-reg) 10:30...Drop-in French Travel Phrases 11:45...Lunch - Honey Mustard Chicken... Egg Salad 12:45.....Beyond Balance (pre-reg) 1.....Monday Games 1.....NewsTalk 2.....Yoga (chairs) 2:30-3:30.....Book Review</p>	<p>13</p> <p>9-10...Aerobics 9-10...Intermediate Spanish 9:30-10:30-.... Bridge Lesson 10-12.....Cell Phone Clinic 10-11:30.....Connection Circle 10:30-11:30 Intermediate Spanish II 10:30. Muscle Conditioning 11:45...Lunch HOLIDAY SPECIAL: Steak Tips..... Seafood Salad <i>Dialogue with Director</i> 1.....Bingo 1:30.....Swing Band (canceled)</p>	<p>14</p> <p>9-9-10:30.....Chamber Music Ensemble 9-12...Health Clinic 9-12:30 Pool Cues 9:30 -11:30 Fine Art Studio 10:30-2 ...Shopping Trip (pre-reg) *SNOW DATE 11:45 ..Lunch - Salmon Boat... Ham & Cheese <i>Vi King- piano</i> 1.....Movie- Upstairs/ Downstairs" 5 1..... Ghosts of Holidays Past 1.....Duplicate Bridge</p>	<p>15</p> <p>10.....Current Events. 10:30.... Mandarin Conversation Group 11-11:45 Tong Ren 11:45-12:45 Tai-Chi 11:45..Lunch - Roast Pork... Chef Salad 12:30.....Ceramics (pre-reg) 1.....Yoga (chairs) 1.....Thursday Games 1:00... French Salon 2.....Yoga (mats)</p>	<p>16</p> <p>9-12... Health Clinic 9-10... Aerobics 9-10:30 ... Networking Group- 6 Degrees 9-12:30 Pool Cues 10.....Beginner German 10:30. Muscle Conditioning 10:30.....Book Club 11:45...Lunch- Cheese Lasagna... Chicken Salad <i>Vic King- Piano</i> 12.....Chess Nuts 1.....Scrabble 1.....Poker 1.....Bingo 1.....Foreign Film "Meals on Wheels"</p>
<p>19</p> <p>8:45-9:45 Tai Chi 9.....Pool Cues 9-11.....Wii Drop-in 9:30.. Beginner Spanish 10.....Knitting Circle 10.....Line Dance (pre-reg) 10-3Shopping Trip SNOW DATE 10:30...Drop-in French travel Phrases 10:30.....Parkinson's Group 11:45 .Lunch Veggie Quiche... Egg Salad 12:45.....Beyond Balance (pre-reg) 1.....Monday Games 1.....NewsTalk 2.....Yoga Chairs</p>	<p>20</p> <p>9-10...Aerobics 9-10...Intermediate Spanish 9:30-10:30-.... Bridge Lesson 10-12.....Cell Phone Clinic 10:30-11:30 Intermediate Spanish II 10:30. Muscle Conditioning 11:45...Lunch Veal Cacciatore... Seafood Salad 1.....Bingo 1:30...Swing Band (canceled)</p>	<p>21</p> <p>9-10:30.....Chamber Music Ensemble 9-12...Health Clinic 9-10.....Ald. Danberg sees citizens 9-12:30 Pool Cues 9:30.Fine Art Studio (Painting w/ Tim) 10:45-11:45 ..Beyond Balance (pre-reg) 11:45...Lunch - Italian Chicken... Roast Beef Plate <i>Vi King- piano</i> 1.....Movie- Upstairs/ Downstairs" 6 1..... FACEBOOK Talk 1.....Duplicate Bridge *1st Night of Chanukah</p>	<p>22</p> <p>10.....Current Events. 10:30.... Mandarin Conversation Group 11-11:45 Tong Ren 11:45-12:45 Tai-Chi 11:45..Lunch - Baked Fish..... BBQ Chicken Pattie 12:30.....Ceramics (pre-reg) 1.....Yoga (chairs) 1.....Thursday Games 1:00... French Salon 2.....Yoga (mats)</p>	<p>23</p> <p>9-12-Health Clinic 9-10..... Aerobics 9-10:30 ... Networking Group- 6 Degrees 9-12:30 Pool Cues 10.....Beginner German 10:30.....Muscle Conditioning 11:45-Lunch- Boneless Chicken Breast... Roast Beef/ Cheese 12.....Chess Nuts 1.....Scrabble 1.....Poker 1.....Bingo 1.....Foreign Film "Topio Stim Omichli" *Holiday Cheer* 10-2 (snacks and good wishes)</p>
<p>26</p> <p>Center Closed for Christmas Holiday</p>	<p>27</p> <p>9-10...Aerobics 9-10...Intermediate Spanish 9:30-10:30-.... Bridge Lesson 10-12.....Cell Phone Clinic 10:30-11:30 Intermediate Spanish II 10:30. Muscle Conditioning 11:45...Lunch Pot Roast... California Chicken Salad 1.....Bingo 1.....Swing Band</p>	<p>28</p> <p>9-10:30.....Chamber Music Ensemble (canceled) 9-12...Health Clinic 9-12:30 Pool Cues 9:30.....Fine Art Studio 10:45-11:45 ..Beyond Balance (pre-reg) 11:45...Lunch - Chicken Parmesan... Tuna Salad <i>Vic King- piano</i> 1.....Movie- Upstairs/ Downstairs" 6 1.....Duplicate Bridge</p>	<p>29</p> <p>10.....Current Events. 10:30.... Mandarin Conversation Group 10:30.....Short Stories 11-11:45 Tong Ren 11:45-12:45 Tai-Chi 11:45..Lunch - Chicken Sausage Sub... Chef Salad 12:30.....Ceramics (pre-reg) 1.....Yoga (chairs) 1.....Thursday Games 1:00... French Salon 2.....Yoga (mats)</p>	<p>30</p> <p>9-12-Health Clinic 9-10..... Aerobics 9-10:30 ... Networking Group- 6 Degrees 9-12:30 Pool Cues 10.....Beginner German 10:30.....Muscle Conditioning 11:45-Lunch- Creole Fish...Roast Beef/ Cheese <i>Vic King-Piano</i> 12.....Chess Nuts 1.....Scrabble 1.....Poker 1.....Bingo 1.....Foreign Film "Strictly Ballroom"</p>