

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1>December</h1> <h2>2009</h2>	<p style="text-align: center;">1</p> <p>9-10- Aerobics 9-10- Beginning Spanish 10-11:30 Bridge Lessons 10:30 Muscle Conditioning 10:30-11:30 Intermediate Spanish 11:45- Lunch Pier #17 Fish Roast Beef & Cheese 1 Tax Aide Meeting 1 Bingo 1:30 Swing Band</p>	<p style="text-align: center;">2</p> <p>9-12 Health Clinic 9-12:30- Pool Cues 9:30 – Fine Art Studio 9-10:30 Chamber Music 11-12 Pilates 11:45- Lunch- Pork Rib Turkey & Cheese Vic King- piano 1 Movie "The Proposal" 1 Duplicate Bridge 1- SHINE pre-reg ister</p>	<p style="text-align: center;">3</p> <p>8:55-9:55 Line Dance II (pre-register) 10:05- Current Events/ Speakers "Baseball Stories" 10:30 Mandarin Chinese 11:45- Lunch – Chicken/ Italian Sauce Egg Salad Nobleomians SING! 12:30 Ceramics (pre-reg) 1 Yoga (chairs) 1 Thursday Games 1:30 - French Salon 2-Yoga (mats)</p>	<p style="text-align: center;">4</p> <p>9-12- Health Clinic 10-11 Japanese (pre-register) 9-10 Aerobics 10 The Century on Film 9-12:30 Pool Cues 10:30- Muscle Conditioning 10- Knitting 11:30-12:30 Beyond Balance (pre-reg) 11:45- Lunch- Pot Roast Seafood Salad 12- Chess Nuts & lessons 12-2 Legal Appointments 1-3:30 Drop-in Computer Help 1 Chinese Painting.- pre-reg 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film 1-3:30 FABB Center -pre-reg</p>
<p style="text-align: center;">7</p> <p>8:45-9:45 Tai C hi 9-12- Pool Cues 10-11- French lessons 10-12 Veteran's Services drop-in 10-11:30 Low Vision Group 10 Line Dance (pre-register) 11:45- Lunch - Chicken Caciatorre Roast Beef & Cheese 12:45-1:45 Beyond Balance (pre-reg) CANCELED 1 Monday Games 1 NewsTalk 2- Yoga (chairs)</p>	<p style="text-align: center;">8</p> <p>9-10- Aerobics 9-10- Beginning Spanish 10-11:30 Bridge Lessons 10:30 Muscle Conditioning 10:30-11:30 Intermediate Spanish 11:30-12:30 Tap-ercise (pre-register) 11:45- Lunch Salisbury Steak Egg Salad 1 Bingo 1 Suicide (& Society) Awareness 1:30 Swing Band Primary Election Day for Senate Race</p>	<p style="text-align: center;">9</p> <p>9-12 Health Clinic 9-12:30- Pool Cues 9:30 – Fine Art Studio 9-10:30 Chamber Music 11-12 Pilates (CANCELED) 11:45- Lunch- Baked Macaroni Turkey & Cheese Vic King- piano 1 Movie - (Canceled) 1 Holiday Show 1 Duplicate Bridge 1- SHINE pre-register</p>	<p style="text-align: center;">10</p> <p>8:55-9:55 Line Dance II (pre-register) 10:05- Current Events/ Speakers 10:30- Mandarin Chinese 11:45-12:45 Tai-Chi 11:45- Lunch – Beef & Bean Chili Tuna Salad 12:30- Ceramics (pre-reg) 1- Yoga (chairs) 1-Thursday Games 1:30 - French Salon 2-Yoga (mats)</p>	<p style="text-align: center;">11</p> <p>9-12- Health Clinic 10-11 Japanese (pre-register) 9-10 Aerobics 10 The Century on Film 9-12:30 Pool Cues 10- Knitting 10:30- Muscle Conditioning 11:30-12:30 Beyond Balance (pre-reg) CANCELED 11:45- Lunch- Salmon Boat Chicken Salad Harold Kaswell- piano 12- Chess Nuts & lessons 1-3:30 Drop-in Computer Help 1 Chinese Painting.- pre-reg 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film 1-3:30 FABB Center-pre-reg. Chanukah at Sundown</p>
<p style="text-align: center;">14</p> <p>8:45-9:45 Tai C hi 9-12- Pool Cues 10-11- French lessons 10-11:30 Caregiver's Support Group 10 Line Dance (pre-register) 11:45- Lunch - Turkey a la King Egg Salad Candle-lighting & Latkes 12:45-1:45 Beyond Balance (pre-reg) 1 Monday Games 1 NewsTalk- <i>Special: Registry of Motor Vehicles</i> 2- Yoga (chairs)</p>	<p style="text-align: center;">15</p> <p>9-10- Aerobics 9-10- Beginning Spanish 10-11:30 Bridge Lessons 10:30 Muscle Conditioning 10:30-11:30 Intermediate Spanish 11:30-12:30 Tap-ercise (pre-register) 11:45- Lunch Holiday Celebration Special Dinner w/ music <i>Honey Glazed Ham</i> 1-Bingo 1:30 Swing Band - Holiday Celebration</p>	<p style="text-align: center;">16</p> <p>9-12 Health Clinic 9-12:30- Pool Cues 9:30 – Fine Art Studio 9-10:30 Chamber Music 11-12 Pilates 11:45- Lunch- Breaded Fish/ Broccoli/Cheese Sauce Roast Beef & Cheese <i>Dialogue w/ Director</i> 1 Movie-"Capitalism; A Love Story" 1- Duplicate Bridge 1- SHINE</p>	<p style="text-align: center;">17</p> <p>8:55-9:55 Line Dance II (pre-register) 10:05- Current Events/Speakers "Hiring a Contractor" 10:30- Mandarin Chinese 11:45- Lunch – American Chop Suey Chicken Salad 11:45-12:45 Tai-Chi 12:30- Ceramics (pre-register) 1- Yoga (chairs) 1-Thursday Games 1:30 - French Salon 2-Yoga (mats)</p>	<p style="text-align: center;">18</p> <p>9-12- Health Clinic 10-11 Japanese (pre-register) 9-10 Aerobics 10 The Century on Film 9-12:30 Pool Cues 10- Knitting 10:30- Muscle Conditioning 11:30-12:30 Beyond Balance (pre-reg) 11:45- Lunch- Chicken/ Cream Sauce Seafood Salad Nutrition Talk 12- Chess Nuts & lessons 1-3:30 Drop-in Computer Help 1 Chinese Painting. (pre-reg) 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film 1-3:30 FABB Center pre-reg</p>
<p style="text-align: center;">21</p> <p>8:45-9:45 Tai C hi 9-12- Pool Cues 10-11- French lessons 10 Line Dance I (pre-register) 11:45- Lunch - Meatloaf Breaded Chicken Pattie 12:45-1:45 Beyond Balance (pre-reg.) 1 Monday Games 1 NewsTalk 2- Yoga (chairs)</p>	<p style="text-align: center;">22</p> <p>9-10- Aerobics 9-10- Beginning Spanish 10-11:30 Bridge Lessons 10:30 Muscle Conditioning 10:30-11:30 Intermediate Spanish 11:30-12:30 Tap-ercise (pre-register) 11:45- Lunch Hot Dog Tuna Salad 1-Bingo 1:30 Swing Band</p>	<p style="text-align: center;">23</p> <p>9-12 Health Clinic 9-12:30- Pool Cues 9:30 – Fine Art Studio 9-10:30 Chamber Music 11-12 Pilates 11:45- Lunch- Pier #17 Ham & Swiss Vic King- piano 1 Movie-"Whatever Works" 1- Duplicate Bridge 1- SHINE</p>	<p style="text-align: center;">24</p> <p>8:55-9:55 Line Dance II (pre-register) 10:05- Current Events/Speaker 10:30- Mandarin Chinese 11:45- Lunch – Chicken Marsala Turkey Salad 11:45-12:45 Tai-Chi 12:30- Ceramics (pre-register) 1- Yoga (chairs) 1-Thursday Games 1:30 - French Salon 2-Yoga (mats)</p>	<p style="font-size: 2em;">Closed for Christmas Day Holiday</p>
<p style="text-align: center;">28</p> <p>8:45-9:45 Tai C hi 9-12- Pool Cues 10-11- French lessons 10 Line Dance (pre-register) 11:45- Lunch - Breaded Fish au Gratin Turkey & Cheese 12:45-1:45 Beyond Balance (pre-reg) (canceled) 1 Monday Games 1 NewsTalk 2- Yoga (chairs)</p>	<p style="text-align: center;">29</p> <p>9-10- Aerobics 9-10- Beginning Spanish 10-11:30 Bridge Lessons 10:30 Muscle Conditioning 10:30-11:30 Intermediate Spanish 11:30-12:30 Tap-ercise (pre-register) 11:45- Lunch Pot Roast Chicken Pattie 1-Bingo 1:30 Swing Band</p>	<p style="text-align: center;">30</p> <p>9-12 Health Clinic 9-12:30- Pool Cues 9:30 – Fine Art Studio 9-10:30 Chamber Music 11-12 Pilates 11:45- Lunch- Baked Chicken Roast Beef & Cheese Vic King- piano 1 Movie-"Grey Mansions" 1- Duplicate Bridge 1- SHINE</p>	<p style="text-align: center;">31</p> <p>8:55-9:55 Line Dance II (pre-register) 10:05- Current Events/Speaker 10:30- Mandarin Chinese 11:45- Lunch – Stuffed Pepper Chicken Salad 11:45-12:45 Tai-Chi 12:30- Ceramics (pre-register) 1- Yoga (chairs) 1-Thursday Games 1:30 - French Salon 2-Yoga (mats) New Year's Cheer 10-2 Refreshments for a New Year!</p>	<p style="font-size: 1.5em;">January 1 New Year's Day Center Closed</p>