

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1>August 2008</h1>				9-12- Health Clinic 1 9-10 Aerobics 10:00- Writing 10:30- Muscle Conditiong 10:30 Men's Health Club 11:45- Lunch- Chicken Kielbasa Breaded Chicken Pattie Harold Kaswell- Piano 12- Chess Nuts 1-2:30 Drop-in Cptr Help 1 Chinese Painting. (pre-reg) <i>Break week</i> 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film
4 9-12- Pool Cues 10 Line Dance (pre-register) 10 Low Vision Group 11:45- Lunch - Roast Pork Seafood Salad 1 Beyond Balance (pre-reg.) 1- NewsTalk 1 In Stitches 1 Scrabble 1-Mah Jongg 1 French Lessons 2- Yoga (chairs)	5 9-12 FABB Center Open 9-10- Aerobics 10:30 Muscle Condition 9-10- Beginning Spanish 10:30-11:30 Intermediate Spanish 11:45- Lunch <i>Build a Burger- SPECIAL</i> 1-Bingo 1 Tax Stimulus Appts 1:30 Swing Band	6 9-12 Health Clinic 9-12- Pool Cues 9:30 – Fine Art Studio 9:30 Mah- Jongg Manners 11:45- Lunch- Macaroni & Cheese Cold Turkey Plate Vic King- piano 1 Movie- “The Bucket List” 1- Duplicate Bridge 1 FABB Center Open 1- SHINE	7 9-12 FABB Center Open 10- Current Events/ Spkrs 10-12 Bridge Lessons 10:30- Knitting 10:30- Mandarin Chinese 11:45- Lunch – Lemon Pepper Fish Chicken Salad 12:30- Ceramics (pre-reg) 1 Tea in the Garden 1- Yoga (chairs) 1-Thursdays Games 1:30 - French Salon 2-Yoga (mats) 2:45 Italian Conversation	8 9-12- Health Clinic 9-10 Aerobics 10:00- Writing 10:30- Muscle Conditiong 11:45- Lunch- Asian Chicken Egg Salad Vic King - Piano 12- Chess Nuts 12-3:45 MBTA PASSES 1-2:30 Drop-in Cptr Help 1 Chinese Painting. (pre-reg) 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film(canceled)
11 9-12- Pool Cues 10 Line Dance (pre-register) 10:30 HealthStop 11:45- Lunch - Baked Fish w/ Cheese Sauce Roast Beef & Cheese Plate 1 Beyond Balance (pre-reg.) 1- NewsTalk 1 In Stitches 1 Scrabble 1-Mah Jongg 1 French Lessons 2- Yoga (chairs)	12 9-12 FABB Center Open 9-10- Aerobics 10:30 Muscle Conditiong 9-10- Beginning Spanish 10:30-11:30 Intermediate Spanish 11:45- Lunch Chef Salad Turkey Salad 1-Bingo 1 Tax Stimulus Appts 1:30 Swing Band	13 9-12 Health Clinic 9-12- Pool Cues 9:30 – Fine Art Studio 9:30 Mah- Jongg Manners 11:45- Lunch- BBQ (sponsored by <i>Newton Healthcare Center</i>) 1 Movie- “For One More Day” 1- Duplicate Bridge 1 FABB Center Open 1- SHINE 1 Book Club	14 9-12 FABB Center Open 10- Current Events/Spkrs 10-12 Bridge Lessons 10:30- Knitting 10:30- Mandarin Chinese 11:45- Lunch – Chicken Goulash Ham & Cheese 12:30- Ceramics (pre-register) <i>Break Week</i> 12:30-2 Alderman Linsky hours 1- Yoga (chairs) 1-Thursdays Games 1:30 - French Salon 2-Yoga (mats) 2:45 Italian Conversation	15 9-12- Health Clinic 9-10 Aerobics 10:00- Writing 10:30- Muscle Condition 11:45- Lunch- Pot Roast California Chicken Harold Kaswell - Piano 12- Chess Nuts 1-2:30 Drop-in Cmpt. Help 1 Chinese Painting. (pre-reg) 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film
18 9-12- Pool Cues 10 Line Dance (pre-register) 11:45- Lunch - Stuffed Pepper Seafood Salad <i>Dialogue w/ Director</i> 1- NewsTalk 1 Beyond Balance (pre-reg.) 1 In Stitches 1 Scrabble 1 Mah Jongg 1 French Lessons 2- Yoga (chairs)	19 9-12 FABB Center Open 9-10- Aerobics 10:30 Muscle Conditiong 9-10- Beginning Spanish 10:30-11:30 Intermediate Spanish 11:45- Lunch Pier # 17 Fish Chicken Salad 1-Bingo 1 Tax Stimulus Appts 1:30 Swing Band	20 9-12 Health Clinic 9-12- Pool Cues 9:30 – Fine Art Studio 9:30 Mah- Jongg Manners 11:45- Lunch- Chicken Marsala Roast Beef & Cheese Vic King -Piano 1 Movie- “The Village” 1- Duplicate Bridge 1 FABB Center Open 1- SHINE	21 9-12 FABB Center Open 10- Current Events/Speakers 10-12 Bridge Lessons 10:30- Knitting 10:30- Mandarin Chinese 11:45- Lunch – Beef Stew Egg Salad 12:30- Ceramics (pre-register) 1- Yoga (chairs) 1-Thursdays Games 1:30 - French Salon 2-Yoga (mats) 2:45 Italian Conversation	22 9-12- Health Clinic 9-10 Aerobics 10:00- Writing 10:30- Muscle Condition 11:45- Lunch- Chicken Chili Turkey & Swiss Vic King Piano 12- Chess Nuts 1-2:30 Drop-in Cmpt. Help 1 Chinese Painting. (pre-reg) 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film
25 9-12- Pool Cues 10 Line Dance (pre-register) 11:45- Lunch - Lasagna Chicken Pattie 1- NewsTalk 1 In Stitches 1 Scrabble 1-Mah Jongg 1 French Lessons 1-2 Beyond Balance (pre-register) 2- Yoga (chairs)	26 9-12 FABB Center Open 9-10- Aerobics 10:30 Muscle Conditiong 9-10- Beginning Spanish 10:30-11:30 Intermediate Spanish 11:45- Lunch Roast Turkey Roast Beef & Swiss 1-Bingo 1 Tax Stimulus Appts 1:30 Swing Band	27 9-12 Health Clinic 9-12- Pool Cues 9:30 – Fine Art Studio 9:30 Mah- Jongg Manners 10- 11:30 Caregiver's Notebook 10:30 Faces of History 11:45- Lunch- Chicken Papriika Chef Salad 1 Movie- “Phantom of the Opera” 1- Duplicate Bridge 1 FABB Center Open 1- SHINE	28 9-12 FABB Center Open 9 Computer Volunteers Meet 10- Current Events/Speakers 10-12 Bridge Lessons 10:30- Knitting 10:30- Mandarin Chinese 11:45- Lunch – Veggie Quiche Ham Salad 12:30- Ceramics (pre-register) 1- Yoga (chairs) 1-Thursdays Games 1:30 - French Salon 2-Yoga (mats) 2:45 Italian Conversation	29 9-12- Health Clinic 9-10 Aerobics 10:00- Writing 10:30- Muscle Condition 11:45- Lunch- Veal parmesan Seafood Salad Vic King Piano 12- Chess Nuts 1-2:30 Drop-in Cmpt. Help 1 Chinese Painting. (pre-reg) 1- Scrabble 1- Poker 1-Bingo 1- Foreign Film