

What is “Springwell”?

Springwell (formerly West Suburban Elder Services) is a private, non-profit organization which is designated as both an Aging Services Access Point (**ASAP**) and an Area Agency on Aging (**AAA**). As an **ASAP**, Springwell provides an entry point for state-subsidized elder services for Newton. Springwell, as an **AAA**, provides home-delivered meals and, through contracts, transportation, legal services and advocacy. Springwell provides these services to those 60 and older and who meet financial eligibility guidelines, for some services.

Springwell provides the following services to seniors (& their families) and caregivers:*

- Information and Referral
- Care Advice/Case Management
- Caregiver Support Services including free in-home assessment and consultation
- Legal Services through a contract with Boston College Legal Assistance Bureau
- Money Management
- Nutrition Services – group meal sites and home delivered meals
- Protective Services – handling reports of elder abuse, neglect or financial exploitation
- Transportation

There are no financial eligibility criteria for many of Springwell’s services, such as I & R and transportation. Springwell does have eligibility criteria for certain state-subsidized services, such as Home Care. An eligible senior must be “unable to do certain tasks”; have an individual income of less than \$20,069 (for a couple less than \$28,399); and “not have any other way to get this assistance”. If an elder qualifies, Springwell is able to provide a range of services from personal care to grocery shopping. Springwell is also able to provide private pay case management services. Different programs/services have different eligibility criteria; call Springwell to find out what you may be eligible for.

*For more information you can call Springwell at 617-926-4100; or www.springwell.com